

SIGMOIDOSCOPY PREP SHEET

DATE and TIME:

**You will be contacted by the booking department with your procedure date.
Our office will contact you the day prior to your procedure with your arrival time.**

Instructions:

- **NOTHING TO EAT OR DRINK AFTER 10PM THE NIGHT BEFORE THE PROCEDURE**
- **PLEASE BRING A FLEET ENEMA WITH YOU TO THE SCHEDULED PROCEDURE TO DO ½ HOUR PRIOR TO PROCEDURE**
- **PLEASE ARRANGE FOR SOMEONE TO TAKE YOU HOME AFTER THE PROCEDURE**

Our office number is 778-421-8781 for any questions.